

# EMPLOYABILITY BROCHURE

2025

We deliver  
innovative, work  
focussed health  
solutions that  
empower  
individuals and  
create lasting  
impact

# ABOUT US

---

Our multi-disciplinary team of health professionals is dedicated to our core purpose: helping people reach their personal and professional goals throughout their lives. Our team's expertise spans supporting the most vulnerable individuals, those with disabilities, and participants navigating the welfare-to-work system, with a strong focus on education and employment.

Since 2018, we have empowered over 31,000 participants facing mental and physical health challenges by delivering innovative allied healthcare solutions that create meaningful, life-enhancing outcomes.

As specialists in work-focused health services, we provide individuals and organisations with high-quality, evidence-based, and cost-effective, health solutions that enhance performance and produce measurable work-readiness results.

Our health programmes have been validated by international research institutions, including Sheffield University, Université du Québec à Montréal, and the University of Southern Queensland. These programmes are used as an integrated health model that enables participants to understand and manage their health conditions while building resilience, confidence, motivation, and self-esteem - **essential qualities that support engagement in education or employment.**

Our clinicians are highly trained, qualified, and accredited by various professional bodies, including The Health and Care Professions Council, Nursing and Midwifery Council, British Association of Counselling and Psychotherapy, British Association for Behavioural and Cognitive Psychotherapies, and The National Counselling Society.

# OUR WORK

---

We have a proven track record of collaborating with Employment Service Providers to develop tailored health and employment programmes. We understand the intricacies of the national labour market and can effectively customise our services to meet the specific needs of employment providers in their local area. This localised approach enhances the effectiveness and reliability of our services, leading to successful outcomes for employers and job seekers.

Our work with unemployed adults across the UK with mild to complex health needs has achieved results such as:

**45%**

**increase in participants gaining a better understanding of their health conditions,** empowering them to take greater control and manage their wellbeing more effectively.

**36%**

**increase in confidence to return to work.**

**31%**

**increase in wellbeing by making changes to their exercise and diet,** leading to healthier and more active lifestyles.

**28%**

**increase in motivation to re-enter the workforce,** reigniting their sense of purpose and potential.

**26%**

**reduction in stress and anxiety,** enabling them to approach challenges with a clearer and more balanced mindset.



For further information, please get in touch.



[thebetterhealthgeneration.co.uk](https://thebetterhealthgeneration.co.uk)



[info@betterhealthgen.co.uk](mailto:info@betterhealthgen.co.uk)



0208 167 1824



[katie.lloyd@thebetterhealthgeneration.co.uk](mailto:katie.lloyd@thebetterhealthgeneration.co.uk)



The Better Health Generation



/TBHGUUK